

## AUSTRALIAN BEST PERFORMANCES

As at 20<sup>th</sup> January 2014

### BOYS UNDER 9

60m Hurdles	1999	Joshua MULLIGAN	NSW	9.3
45cmH, 6fts, 12m-7m-13m	2009	Rory BARKLEY	NSW	9.3
70 metres	1980	Shane CASSEY	WA	9.7
	1998	John GRANT	NSW	9.7
	2000	Daniel PERKINS	NSW	9.7
	2000	Michael OLDFIELD	NSW	9.7
	2007	Benjamin ALESSIO	NSW	9.7
	2007	Lachlan MCDERMOTT	WA	9.7
100 metres	1998	Christopher LAWRENCE	NSW	13.4
200 metres	1975	Glen MURGATROYD	NSW	28.2
400 metres	1975	Glen MURGATROYD	NSW	1.03.9
800 metres	2002	Alex PETTIGREW	NSW	2.25.7
High Jump	1985	Jagan HAMES	SA	1.43
Long Jump	1986	Ryan FITZGERALD	SA	4.73
Discus (500g)	1998	Jamal IDRIS	NSW	36.68
Shot (2kg)	1999	Jamal IDRIS	NSW	11.33

### GIRLS UNDER 9

60m Hurdles	2009	Chyna TAVAI-WILLIAMS	NSW	9.6
45cmH, 6fts, 12m - 7m - 13m				
70 metres	1998	Briony KANARD	NSW	9.9
100 metres	1979	Kathleen FARRELL	NSW	13.9
	1980	Helen CLARKE	NSW	13.9
	1985	Samantha BOURNE	VIC	13.9
200 metres	1990	Rosemary HAYWARD	NSW	28.5
400 metres	1990	Rosemary HAYWARD	NSW	1.06.5
800 metres	2011	Abbey Rockliff	NSW	2.34.8
High Jump	2012	Tomysha Clark	NSW	1.39
Long Jump	1985	Selina DUNDAS	NSW	4.42
Discus (500g)	1985	Rishelle HUME	WA	32.52
Shot (2kg)	2006	Juanita LLOYD	NSW	9.13

## **BOYS UNDER 10**

60m Hurdles 60cmH, 6flts, 12m - 7m -13m	2002	Sean POTTER	NSW	9.5
100 metres	1978	Phillip PROVENZANO	NSW	12.7
200 metres	1978	Chris NEWMAN	NSW	26.7
400 metres	2003	Alex PETTIGREW	NSW	1.01.2
800 metres	1979	Paul KELLY	NSW	2.21.6
1100m Walk	1998	Luke FITZGERALD	NSW	5.01.7
High Jump	1987	Ryan FITZGERALD	SA	1.53
Long Jump	1987	Ryan FITZGERALD	SA	5.20
Discus (500g)	1983	Jason ARNBERGER	NSW	43.20
Shot (2kg)	2000	Emanuele FUAMATU	NSW	13.15

## **GIRLS UNDER 10**

60m Hurdles 45cmH, 6flts, 12m - 7m - 13m	1995	Kate O'DONNELL	NSW	9.8
	2003	Annaliese GARDINER	NSW	9.8
100 metres	1978	Annette OSBORNE	NSW	13.3
	1991	Rosemary HAYWARD	NSW	13.3
200 metres	1978	Annette OSBORNE	NSW	28.2
	1999	Emily POLLETT	NSW	28.2
400 metres	2003	Paige FENECH	NSW	1.03.7
800 metres	1984	Suzy WALSHAM	NSW	2.29.5
1100m Walk	2004	Kini CHAPPLE	NSW	5.21.2
High Jump	2013	Tomysha CLARK	NSW	1.47
Long Jump	1991	Rosemary HAYWARD	NSW	4.75
Triple Jump	1986	Natalie HOOD	WA	9.72
Discus (500g)	1985	Michelle HAAGE	NSW	37.22
Shot (2kg)	2006	Filoi AOKUSO	NSW	11.92

## **BOYS UNDER 11**

60m Hurdles 60cmH, 6flts, 12m - 7m - 13m	2000	William MATAKA	NSW	9.0
100 metres	1978	Robert STANFORD	NSW	12.4
200 metres	1978	Fred MARTIN	WA	25.6
	1978	Robert STANFORD	NSW	25.6
400 metres	1979	Chris NEWMAN	NSW	57.5
800 metres	1981	Steve REFENES	NSW	2.18.2
1500 metres	1984	Richard McCARTHY	NSW	4.36.9
1100m Walk	1999	Luke FITZGERALD	NSW	5.05.8
High Jump	1987	Jagan HAMES	SA	1.63
	1989	Bradley SCOTT	SA	1.63
	1996	John THORNELL	NSW	1.63
Long Jump	1985	Sean CRANNEY	QLD	5.60
Triple Jump	1985	Sean CRANNEY	QLD	11.06
Discus (750g)	2003	Kurt D'LASSELLE	VIC	41.47
Shot (2kg)	2011	Payne Haas	NSW	14.42

## **GIRLS UNDER 11**

60m Hurdles 60cmH, 6flts, 12m - 7m - 13m	2004	Annaliese GARDINER	NSW	9.1
100 metres	1978	Michelle MORONEY	NSW	12.7
200 metres	1978	Michelle MORONEY	NSW	26.6
400 metres	1978	Michelle MORONEY	NSW	1.01.2
	2001	Jacinta DOYLE	NSW	1.01.2
800 metres	2005	Jenny BLUNDELL	NSW	2.22.6
1500 metres	1985	Suzy WALSHAM	NSW	4.51.3
1100m Walk	2005	Kini CHAPPLE	NSW	5.01.3
High Jump	1995	Alexandra CHURCH	NSW	1.54
Long Jump	2011	Chyna Tavai- Williams	NSW	4.97
Triple Jump	2004	Rebecca MOUNSEY	NSW	10.38
Discus (750g)	2010	Grace ROBINSON	NSW	39.03
Shot (2kg)	2007	Filoi AOKUSO	NSW	14.07

## **BOYS UNDER 12**

60m Hurdles 68cmH, 6flts, 12m - 7m -13m	2005	Kane THOMPSON	NSW	8.9
100 metres	1999	Todd SHANAHAN	NSW	11.8
200 metres	1979	Fred MARTIN	WA	24.7
400 metres	1979	Fred MARTIN	WA	55.0
800 metres	1999	Tyson MAHON	VIC	2.11.1
1500 metres	1980	Peter JOHNSTON	NSW	4.25.3
1500m Walk	1984	Craig TOPPERWEIN	SA	6.31.6
High Jump	1985	Jay BURTON	WA	1.80
Long Jump	1984	Tien NGUYEN	SA	5.92
Triple Jump	1995	Gima KEIMELO	NSW	12.78
Discus (750g)	2002	Emanuele FUAMATU	NSW	52.43
Javelin (400g)	1992	Christopher HINGSTON	TAS	50.88
Shot (3kg)	2010	Lachlan PAGE	SA	15.68

## **GIRLS UNDER 12**

60m Hurdles 68cmH, 6flts, 12m - 7m - 13m	2005	Annaliese GARDINER	NSW	9.1
100 metres	1992	Veeya JONES-MORRIS	WA	12.2
200 metres	1979	Kerry BOWERS	QLD	25.6
	1979	Nicole LEISTENSCHNEIDER	NSW	25.6
400 metres	1979	Kerry BOWERS	QLD	56.8
800 metres	1978	Karen FISCHER	QLD	2.17.3
	2006	Christie PEARSON	NSW	2.17.3
1500 metres	1986	Angela RAINES	QLD	4.38.7
1500m Walk	1994	Renee McASKILL	NSW	6.38.7
High Jump	1980	Kellie FARRELL	NSW	1.65
	1986	Sonya WENNEKES	NSW	1.65
Long Jump	1976	Tracy COLLINS	NSW	5.55
	1984	Jacqueline SEETO	QLD	5.55
Triple Jump	2005	Brooke STRATTON	VIC	11.14
Discus (750g)	2008	Filio AOKUSO	NSW	46.19
Javelin (400g)	1982	Vanessa FRENCH	WA	40.80
Shot (2kg)	1988	Kylie STANDING	NSW	16.19

## **BOYS UNDER 13**

80m Hurdles 76cmH, 9flts, 12m - 7m - 12m	1997	Ahmed ABOU-MAHMOUD	NSW	11.6
100 metres	2007	Nicholas HOUGH	NSW	11.2
200 metres	2013	James GALLAUGHER	WA	22.52
400 metres	1980	Fred MARTIN	WA	51.9
800 metres	2006	James CONNOR	NSW	2.05.4
1500 metres	1993	David BEACROFT	NSW	4.19.6
	2000	Jacob HENSHALL	QLD	4.19.6
1500m Walk	1985	Craig TOPPERWEIN	SA	6.22.1
High Jump	2012	Nelson Maina	QLD	1.83
Long Jump	1980	Fred MARTIN	WA	6.41
(Board)	2012	Jake BALESTRA	WA	6.41
Triple Jump	1986	Alan NOWROJEE	WA	12.88
(Board)				
Discus (1kg)	1992	Stevie PARTSANIS	VIC	56.08
Javelin (600g)	1999	Joshua ROBINSON	QLD	55.43
Shot (3kg)	2009	Tepai MOEROA	NSW	19.11

## **GIRLS UNDER 13**

80m Hurdles	2005	Danielle DILLON	VIC	12.1
76cmH, 9flts, 12m - 7m - 12m	2002	Tara HOLT	NSW	12.2
100 metres	2008	Maddie PIRIE	NSW	11.9
200 metres	2008	Maddie PIRIE	NSW	24.8
400 metres	1982	Suzanne BROADRICK	WA	57.0
	2006	Paige FENECH	NSW	57.0
800 metres	1997	Georgie CLARKE	VIC	2.14.6
1500 metres	1987	Suzy WALSHAM	NSW	4.36.1
1500m Walk	2006	Shannon JENNINGS	NSW	6.35.3
High Jump	1987	Sonya WENNEKES	NSW	1.80
Long Jump	2009	Rhiannon ORMSBY	WA	5.77
(Board)				
Triple Jump	2009	Sarah FERRIER	VIC	12.09
(Board)				
Discus (750g)	2009	Taylah SENGUL	NSW	49.57
Javelin (400g)	2009	Taylah SENGUL	NSW	45.91
Shot (3kg)	2012	Grace Robinson	NSW	14.53

## **BOYS UNDER 14**

90m Hurdles 76cmH, 9flts, 13m - 8m - 13m	2008	Nicholas HOUGH	NSW	11.8
100 metres	1996	Matthew MANNNS	NSW	11.1
	2008	Nicholas HOUGH	NSW	11.1
200 metres	2002	Luke HAMER	NSW	22.4
400 metres	1990	Shaun HEDLEY	NSW	51.5
800 metres	1995	David SPRIGGS	VIC	2.01.3
1500 metres	2007	James CONNOR	NSW	4.12.1
1500m Walk	1995	Troy SUNDSTROM	NSW	6.13.4
High Jump	1994	Justin HATHWAY	NSW	1.95
Long Jump (Board)	2013	Jake BALESTRA	WA	6.77
Triple Jump (Board)	1987	Alan NOWROJEE	WA	14.47
Discus (1kg)	1993	Stevie PARTSANIS	VIC	60.52
Javelin (600g)	2003	Trent ROGERS	QLD	58.50
Shot (4kg) (3kg)	2012	Lachlan PAGE	SA	19.19

## **GIRLS UNDER 14**

80m Hurdles 76cmH, 9flts, 12m - 7m -12m	2006	Carly RODGER	NSW	11.7
	2006	Danielle DILLON	VIC	11.7
100 metres	2010	Poppy SCHWASS	WA	11.8
200 metres	1983	Suzanne BROADRICK	WA	24.2
400 metres	1995	Rosemary HAYWARD	NSW	56.2
800 metres	2010	Natalie RULE	NSW	2.12.8
1500 metres	2003	Lexy GILMOUR	NSW	4.35.3
1500m Walk	1996	Renee McASKILL	NSW	6.15.4
High Jump	1997	Vickie COLLINS	QLD	1.76
Long Jump (Board)	2013	Andrea THOMPSON	ACT	5.79
Triple Jump (Board)	2010	Sarah FERRIER	VIC	12.19
Discus (1kg)	2009	Taylah Sengul	NSW	44.76
Javelin (600g)	2012	Kathryn Brooks	VIC	42.98
Shot (3kg)	2013	Grace ROBINSON	NSW	15.94

## **BOYS UNDER 15**

100m Hurdles	2006	Jarrold SMITH	WA	12.4
76cmH, 10flts, 13m - 8.5m - 10.5m	2009	Nicholas HOUGH	NSW	12.4
200m Hurdles	2008	Cameron HYDE	NSW	24.1
76cmH, 5flts, 20m -35m -40m				
100 metres	2006	Jarrold SMITH	WA	10.6
	2009	Nicholas HOUGH	NSW	10.6
200 metres	2009	Nicholas HOUGH	NSW	21.5
400 metres	1997	David GEDDES	NSW	49.5
800 metres	2005	James KAAAN	NSW	1.57.2
	2008	James CONNOR	NSW	1.57.2
1500 metres	2008	James CONNOR	NSW	4.03.7
1500m Walk	1998	Douglas CONNOLLY	NSW	5.48.1
High Jump	1992	Mark SILLS	QLD	2.10
Long Jump	2009	Thomas SOLIMAN	NSW	7.12
(Board)				
Triple Jump	1999	Fabrice LAPIERRE	NSW	14.35
(Board)				
Discus (1kg)	1999	Timothy DRIESEN	VIC	64.54
Javelin (700g)	2012	Matthew REES	NSW	52.60
Shot (4kg)	1989	Matthew GADSBY	NT	19.70

## **GIRLS UNDER 15**

<b>90m Hurdles</b>	2007	Carly RODGER	NSW	12.2
76cmH, 9flts, 13m - 8m - 13m				
<b>200m Hurdles</b>	2007	Carly RODGER	NSW	26.2
76cmH, 5flts, 20m -35m -40m				
100 metres	1992	Sonia WILLIS	NSW	11.8
	1999	Preya CAREY	NSW	11.8
200 metres	2005	Olivia TAURO	NSW	24.0
	2009	Ella NELSON	NSW	24.0
400 metres	1996	Rosemary HAYWARD	NSW	55.6
800 metres	2002	Brooke SIMPSON	NSW	2.10.9
1500 metres	1997	Phoebe GUNNING	NSW	4.34.8
1500m Walk	1997	Renee McASKIILL	NSW	6.24.2
High Jump	2008	Amy PEJKOVIC	NSW	1.80
	2011	Eleanor PATTERSON	VIC	1.80
Long Jump	1999	Shermin OKSUZ	WA	6.19
(Board)				
Triple Jump	2011	Sarah Ferrier	VIC	12.43
(Board)				

Australian Best Performances – individual events

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Discus (1kg)	1996	Katrina STEELE	NSW	48.18
Javelin (500g)	2012	Alysha BURNETT	NSW	42.18
Shot (3kg)	2007	Margaret SATUPAI	VIC	15.56



## AUSTRALIAN BEST PERFORMANCES RELAYS

<b>BOYS U9</b>					
4 x 100m	1990	Ku-Ring-Gai	NSW	58.3	
<b>GIRLS U9</b>					
4 x 100m	1977	Doncaster	VIC	1.00.1	
<b>BOYS U10</b>					
4 x 100m	1980	Bankstown	NSW	55.6	
<b>GIRLS U10</b>					
4 x 100m	1985	Hamersley	WA	56.7	
<b>BOYS U11</b>					
4 x 100m	1978	Bankstown	NSW	53.4	
<b>GIRLS U11</b>					
4 x 100m	1985	Fremantle	WA	54.7	
<b>BOYS U12</b>					
4 x 100m	1982	South Australia	SA	49.8	
<b>GIRLS U12</b>					
4 x 100m	1979	New South Wales	NSW	50.3	
<b>BOYS U13</b>					
4 x 100m	2007	New South Wales	NSW	46.4	
<b>GIRLS U13</b>					
4 x 100m	2006	New South Wales	NSW	49.5	
<b>BOYS U14</b>					
4 x 100m	2000	Diamond Valley	VIC	46.2	
<b>GIRLS U14</b>					
4 x 100m	2004	Diamond Valley	VIC	50.2	
<b>BOYS U15</b>					
4 x 100m	1997	Essendon	VIC	44.9	
<b>GIRLS U15</b>					
4 x 100m	2006	Port Hacking	NSW	49.0	