



## Welcome to Edition 8 of Around The Track

Welcome to the summer season of Little Athletics 2016/17 and what promises to be another exciting year ahead.

Much work has been done by the centres and State Associations during the "off season" many would argue there is no off season in Athletics.

If you are a new participant to Little Athletics welcome, I'm sure you will enjoy your time with Little Athletics and will make a number of new friends and create many memorable experiences and I can assure you – you will have plenty of fun at your centre. For those of you continuing on your journey in Athletics I hope you maintain your enjoyment and remember it's all about #BeYourBest #FamilyFunFitness.

The outstanding Rio Olympics and Paralympic Games have drawn to a close capping off what has been an extraordinary few months in athletics. Many former Little Athletes represented Australia in Rio and all the State Associations and Centres I'm sure are extremely proud of the link back to Little Athletics for all of those athletes.

In this edition of Around the Track there is a feature article about all the Jetstar activities and activations planned for the season. Be sure to follow Jetstar Little Athletics Australia via our social media channels or by our website [www.littleathletics.com.au](http://www.littleathletics.com.au) for all relevant information regarding the exciting competitions and activities planned for the year ahead.

We also have a feature article and wrap up of the fifth annual Jetstar Little Athletics Australia National U15 camp recently held at the AIS in Canberra.

Finally, a preview leading into our Roll of Excellence dinner later this month on the Gold Coast where six more inductees will be added to the 59 already inducted in the prestigious Roll of Excellence. I hope you enjoy reading the 8th edition of Around the Track and as always if you have any feedback, ideas or suggestions for Jetstar Little Athletics Australia to consider for our newsletter on how we can improve our publication or what stories you would like to receive from LAA please contact us. I'm looking forward with much anticipation to the summer ahead and best wishes to all involved in season 2016/17 I'll see you out and about at the athletics.

Martin Stillman  
Chief Executive Officer  
Jetstar Little Athletics Australia

## Little Jetstars Competition!



The Little Jetstars competition is back! Jetstar are searching for Little Athletes who are reaching for the stars. Visit Little Jetstars on the Jetstar Australia Facebook page ([www.littlejetstars.com.au](http://www.littlejetstars.com.au)) and in 25 words or less tell us how Little Athletics will help you become a big sports hero when you grow up! For full competition terms and conditions, [click here](#). You could win one of 5 Big Hero Experiences with the lucky winners getting an exclusive training session with a Jetstar Big Hero, who are some of the biggest names in Australian sport across the AFL, NRL, Netball and Athletics.

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## 2016 National U15 Camp



The Jetstar Little Athletics Australia 2016 National U15 Camp was held at the Australian Institute of Sport in Canberra from 25th September to 28th September 2016.

There were 101 athletes who represented each of the 7 state associations who received coaching by some of Australia's best elite coaches as well as learn and participate in workshops such as strength and conditioning, recovery, stretching, injury prevention and self massage.

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## 2016 Roll Of Excellence



The 2016 Jetstar Little Athletics Australia Roll of Excellence will be held on 15th October 2016 at Q1 Skydeck on the Gold Coast. We are excited to be inducting 6 new members into the Roll of Excellence this year in the following categories; Track & Field, Sportsperson, Volunteers and Achievers

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